

It is right to dwell upon this topic, but the proper kind and amount of exercise is an important element for success in weightlifting.

the young seedlings are to be planted out. It is still uncertain when these coolies will return, but, in any case, they will not be regularly at work again until the end of the year. They have been damaged or become unfit for transplanting."

The said correspondent ascribes the state of the land and the outbreak possibly, to the introduction into Dell of laws in force in Java, without due consideration being given to the difference between the two countries, and asserts that the laws have been applied to the Chinese and their families living miles away from the chief town will be left to the mercy of the 6,000 or 7,000 Chinese coolies on the estates, and concludes by stating that he needs not doubt the feeling prevailing in the minds of his readers amongst the Europeans and the Chinese coolies.

NOTICE.

IN Order to meet the wishes of the Native Community, the Chinese branch of this Paper has been, from the commencement of the China New Year, issued DAILY instead of on alternate days as before.

The Paper has been established for nearly Twenty Years, and is, as to Editorial Management, under the Direction of a Well Educated Chinese Gentleman; gives reliable commercial intelligence, and is published in a position with the Native Community as to Advertisements and News as the English Daily Press with the Foreign Community. The Charges for Advertisements will be as heretofore.

Hongkong, 23rd February, 1874.

on the 18th April:—"A new military pamphlet has appeared professing to be a refutation of

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Hongkong, 23rd February, 1874.

HEL'S NAME	CAPTAIN	AT	FOR F
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LONDON via SUEZ CANAL.	Aobilles (str.)	Bataviafield & Swire	On or about 20th inst.
Do.	Danabehadre.	A. MacG. Heston	Quick despatch.
Do.	St. Andrew's Castle.	Mabelin	Quick despatch.
Do.	Belgic (str.)	Hongkong	Quick despatch.
AND HAMBURG.	Gallata (str.)	Johannsen	To-morrow, at noon.
Do.	A. E. Vidal.	Angelsbock	Quick despatch.
SAN FRANCISCO.	Hollander.	Van Hongkong	Quick despatch.
Do.	City of Yokohama.	O. & O. S. Co.	On 6th prox., at 3 P.M.
Do.	City of Poking (str.)	P. M. S. S. Co.	On 25th inst., at 8 A.M.
SINGAPORE, BOMBAY &	Zambet (str.)	Dunlop & O. S. N. Co.	On 19th inst., at noon.
PEKING & TIENTSIN.	Thelos (str.)	Hongkong	To-morrow, at 7 A.M.
Do.	Thelos (str.)	M. Young	To-morrow, at 3 P.M.
AND BOMBAY.	Adria (str.)	Hongkong	To-morrow, at 3 P.M.
Do.	Brusant	Hongkong	On 18th inst., at noon.
BRISBANE, &c.	Singapore (etc.).	Funko	On 26th inst., at noon.
CAITON, SINGAPORE, &c.	Tiger (str.)	Brusant	Quick despatch.
MANILA.	Balbina	Miranda	Quick despatch.
Do.	Sorogon (str.)	Liaszav	Quick despatch.
Do.	Osgood	Hongkong	Quick despatch.
Do.	Victoria (str.)	Zubiaguirre	Quick despatch.
Do.	Formosa (str.)	Blascoe	To-day, at noon.
KOKOHAMA.	Malacca (str.)	P. & O. S. N. Co.	Quick despatch.
HATTA GHAI.	Yamda (str.)	Hongkong	Quick despatch.
Do.	Ajao (str.)	Bataviafield & Swire	On or about 21st inst.
WATOW, AMOT & POOCHOV W.	Doungma (str.)	Burnie	On 29th inst., at 10 A.M.

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the work is so complete, that a reference to its pages entitles a person who understands English to communicate effectively with natives who understand nothing but Chinese. In this respect the work will be found to be of great value to all Europeans residing in China, and to the natives themselves, it explains subjects fully, with which very few of them are perfectly acquainted. The parties resident in England and interested in China it cannot but be invaluable occasion. It comprises upwards of two thousand line quarto pages.

THUBNER & CO.,
60, PATERNOSTER ROW;
W. H. BELL,
"DAILY PRESS" OFFICE, HONGKONG.

FOR SALE.
WHITE CHEROKEE

ALTHOUGH PROPRIETOR OF WIRELESS TELEGRAPH, I inform the public that his Shop has been established since 1867, at **EMERSON'S LANE**, and that he has always a great quantity of **BEST COAL** in store for Sale. Gentlemen or Ship-masters wishing to patronize him, are requested to apply at his Shop.

17 1608 Hongkong, 23rd September, 1874.

FOR MANILA.
THE Spanish Bark
"BALBINA,"
Captain Miranda, will have quick despatch for the above Port.
For Freight or Passage, apply to
VOGEL, HAGEDOORN & Co.
87 714 Hongkong, 11th May, 1875.

FOR MANILA.
The departure of the Steamship

For Freight, apply to
YOCHE, HAGEDORN & Co.
 894 Hongkong, 8th June, 1875.
 FOR LONDON,
 To follow the "Dunghighire."
FREE A 1 British Bark.
 "ST. ANDREW'S CASTLE."
 Melcombe, Master, will load here, at Whampoa,
 and at Macao, and will have immediate des-
 patch for the above Port.
 For Freight, apply to
A. MACG. HEATON
 OR
DEACON & Co.,
 Canton and Macao.
 11 862 Hongkong, 4th June, 1875.

FOR LONDON.
 E 4 1 British Barone

Connection is made at Yokohama with Steamers from Shanghai.

Freight will be received on board until 4 p.m. on the 4th proximo. Parcel Packages will be received at the Office until 5 p.m. same day. All Parcel Packages should be directed to address in full; value of same is required.

Return Passage Tickets available for 6 months are issued at a reduction of 20 per cent. on regular rates.

For further information as to Freight or Passage, apply to the Agency of the Company, Praya West.

G. B. EMORY,
Acting Agent.

Hongkong, June 5th, 1876.

A mail will glow
For Manila.—Per Formosa, to-day, the

Patterns..... " 4 " 12 "

Every additional 4 " 12 "

F. W. MITCHELL,
General Post Office, Hongkong.

The Post Office of Victoria (Australia) having given notice to the General Post Office in London that articles of Jewellery received in the Colony are chargeable with Customs Duties, the undersigned considers it necessary to make this Regulation known to the Colonists, and to state that any letters or packets containing such articles sent through the Post are liable with their contents, to be forfeited.

F. W. MITCHELL,
Postmaster General.

General Post-Office, Hongkong.

